



Fresh Tossed Salads

GREAT AS A MEAL!

Add 5 oz. Grilled Chicken Breast or Baby Shrimp to any salad for an additional \$ 4.50 per person

AMF House Mixed Green Salad

Balsamic Vinaigrette
Side Portion \$3.50
Meal Size Portion \$6.25

Classic Greens - Family Style

Side Portion \$ 4.00
Meal Sized Portion \$ 7.00

Classic Spinach Salad

Garnished with Crispy bacon, eggs, onions and mushrooms, and creamy Ranch dressing

Summer Spinach Salad

Garnished with Almonds, Sliced Berries, Feta Cheese and a Berry Vinaigrette

Classic Caesar Salad

Garnished with Parmesan and our house made croutons. Creamy Caesar dressing.

Hearty & Healthy Salads

\$ 4.50 per Portion

Tri-coloured Coleslaw

with Horseradish Dressing

Crunchy Asian Style Slaw

Greek Salad with Feta & Olives

GF

New Potato and Fresh Dill Salad

GF

Legend -

GF Gluten Free

DF Dairy Free

V Vegan

Hearty & Healthy Salads

\$ 4.50 per Portion

Moroccan Couscous and Chickpea Salad

Raisins, toasted Almonds, and Cumin
Lemon Vinaigrette

Tabbouleh Salad

Bulghar wheat with fresh parsley, diced veggies
and lemon vinaigrette

Thai Noodle Salad

Garnished with Bean Sprouts and Sesame Seeds

Grilled Vegetable Salad

GF

Tossed with Fresh Herbs and Balsamic Dressing

Roasted Artichoke and Tomato Salad

GF

with Fresh Basil

Primavera Pasta Salad

Assorted Fresh Veggies and Rotini Pasta

Quinoa Salad

GF

Tossed with fresh Vegies, dried cranberries,
toasted almonds, herbs and fresh Lemon

Mexican Corn and Bean Salad

GF

Tomato and Bocconcini Salad

GF

with fresh basil. A Beautiful Presentation!

German Potato Salad

GF

Warm Caramelized Onion, Grainy Mustard
and White Balsamic Dressing

Our Hearty and Healthy Salads are made for a minimum of 6 orders.
They're not available in individual portions.

Legend -

GF Gluten Free

DF Dairy Free

V Vegan

CONTACT INFO




ADDRESS

102 Garden Avenue
North Vancouver, BC, V7P 3H2

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SOCIAL MEDIA

 facebook.com/amoveablefeastcatering
 twitter.com/amfcatering
 instagram.com/chef_mina

HOURS OF OPERATION

Our hours of operation are based around your
catering needs. Administrative hours are outlined
below.

ADMINISTRATIVE HOURS

Monday - Friday 8 am - 4 pm

Saturday - By appointment only

Sunday - Closed

Proud Member of

