



Fresh Tossed Salads

GREAT AS A MEAL!

Add one of the following proteins to make your salad a complete meal:

5 oz Grilled Chicken Breast - \$ 4.75

Baby Shrimp - \$ 5.25

Seared Ahi Tuna Steak - \$ 6.75

AMF House Mixed Green Salad

Balsamic Vinaigrette

Side Portion \$ 4.00

Meal Size Portion \$ 8.00

Classic Greens - Family Style

Side Portion \$ 4.50

Meal Sized Portion \$ 9.00

Classic Spinach Salad

Garnished with Crispy bacon, eggs, onions and mushrooms, and creamy Ranch dressing

Summer Spinach Salad

Garnished with Almonds, Sliced Berries, Feta Cheese and a Berry Vinaigrette

Classic Caesar Salad

Garnished with Parmesan and our house made croutons. Creamy Caesar dressing.

Hearty & Healthy Salads

\$ 5.25 per Portion

Crunchy Backyard

Garden vegetables and fresh herbs tossed in a horseradish dressing

Crunchy Asian Style Slaw

Bean sprouts, garden veggies, cilantro and toasted sesame seeds tossed in a soy ginger vinaigrette

Greek Salad with Feta & Olives GF

A Grecian classic: Tomatoes, cucumbers, red onions, red bell peppers, Kalamata olives and crumbled feta cheese

New Potato and Fresh Dill Salad GF

Thinly sliced red onions, celery and creamy Dijon aioli

Legend - GF Gluten Free DF Dairy Free V Vegan

Hearty & Healthy Salads

\$ 4.50 per Portion

Moroccan Couscous and Chickpea Salad

Raisins, toasted almonds, fresh parsley, diced garden veggies and cumin-citrus vinaigrette

Tabbouleh Salad

Bulgur wheat with fresh parsley, diced veggies and lemon vinaigrette

Thai Noodle Salad

Chow mein noodles, shredded cabbage, garden veggies, fresh cilantro, toasted sesame seeds and Thai vinaigrette

Grilled Vegetable Salad GF

Grilled eggplant, zucchini, yams, squash, red peppers and artichokes; tossed with fresh herbs, olive oil and balsamic vinegar

Roasted Artichoke and Tomato Salad GF

Fresh basil, thinly sliced red onions, olive oil and balsamic vinegar

Primavera Pasta Salad

Garden veggies, fresh herbs, rotini pasta and red pepper ranch dressing

Quinoa Salad GF

Diced garden veggies, toasted almonds, raisins, fresh herbs and lemon vinaigrette – \$5.50 per serving

Mexican Corn and Bean Salad GF

Black pinto beans, sweet corn, fresh cilantro and Pico de Gallo vinaigrette

Tomato and Bocconcini Salad GF

Beautiful presentation of sliced Roma tomatoes, bocconcini cheese, fresh basil and balsamic reduction drizzle

German Potato Salad GF

Caramelized onions, Dijon mustard, fresh parsley, rosemary and white balsamic dressing

Our Hearty and Healthy Salads are made for a minimum of 6 orders.
They're not available in individual portions.

Legend - GF Gluten Free DF Dairy Free V Vegan

CONTACT INFO




ADDRESS

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SOCIAL MEDIA

 facebook.com/amoveablefeastcatering
 twitter.com/amfcatering
 instagram.com/a_moveable_feast_catering

HOURS OF OPERATION

Our hours of operation are based around your catering needs. Kitchen hours are outlined below.

KITCHEN HOURS

Monday - Friday 7 am - 5 pm

Saturday - Open Hours based on booked events

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