



## *Fresh Tossed Salads*

### GREAT AS A MEAL!

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Add 5 oz. Grilled Chicken Breast or Baby Shrimp to any salad for an additional \$ 4.50 per person

### AMF House Mixed Green Salad

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Balsamic Vinaigrette  
Side Portion \$3.50  
Meal Size Portion \$6.25

## *Classic Greens - Family Style*

Side Portion \$ 4.00  
Meal Sized Portion \$ 7.00

### Classic Spinach Salad

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Garnished with Crispy bacon, eggs, onions and mushrooms, and creamy Ranch dressing

### Summer Spinach Salad

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Garnished with Almonds, Sliced Berries, Feta Cheese and a Berry Vinaigrette

### Classic Caesar Salad

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Garnished with Parmesan and our house made croutons. Creamy Caesar dressing.

## *Hearty & Healthy Salads*

\$ 4.50 per Portion

### Tri-coloured Coleslaw

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with Horseradish Dressing

### Crunchy Asian Style Slaw

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Greek Salad with Feta & Olives

GF

New Potato and Fresh Dill Salad

GF

Legend - **GF** Gluten Free **DF** Dairy Free **V** Vegan

# Hearty & Healthy Salads

\$ 4.50 per Portion

## Moroccan Couscous and Chickpea Salad

Raisins, toasted Almonds, and Cumin  
Lemon Vinaigrette

## Tabbouleh Salad

Bulghar wheat with fresh parsley, diced veggies  
and lemon vinaigrette

## Thai Noodle Salad

Garnished with Bean Sprouts and Sesame Seeds

## Grilled Vegetable Salad

GF

Tossed with Fresh Herbs and Balsamic Dressing

## Roasted Artichoke and Tomato Salad

GF

with Fresh Basil

## Primavera Pasta Salad

Assorted Fresh Veggies and Rotini Pasta

## Quinoa Salad

GF

Tossed with fresh Vegies, dried cranberries,  
toasted almonds, herbs and fresh Lemon

## Mexican Corn and Bean Salad

GF

## Tomato and Bocconcini Salad

GF

with fresh basil. A Beautiful Presentation!

## German Potato Salad

GF

Warm Caramelized Onion, Grainy Mustard  
and White Balsamic Dressing

Our Hearty and Healthy Salads are made for a minimum of 6 orders.  
They're not available in individual portions.

Legend -

GF Gluten Free

DF Dairy Free

V Vegan

## CONTACT INFO

### ADDRESS


102 Garden Avenue  
North Vancouver, BC, V7P 3H2

PHONE - 604 990 6996

EMAIL - admin@amoveablefeastcafe.com

## SOCIAL MEDIA

 facebook.com/amoveablefeastcatering

 twitter.com/amfcatering

 instagram.com/chef\_mina

## HOURS OF OPERATION

Our hours of operation are based around your  
catering needs. Administrative hours are outlined  
below.

## ADMINISTRATIVE HOURS

Monday - Friday 8 am - 4 pm

Saturday - By appointment only

Sunday - Closed

Proud Member of

