



## The Sandwich Corner

### Classic Sandwich Fillers

- Roast Turkey and Pesto Mayo
- Classic Tuna Salad
- Black Forest Ham and Cheese
- Shaved Roast Beef
- Italian Salami
- Montreal Smoked Beef
- Grilled Vegetables
- Fresh Vegetables
- Curried Chicken Salad with Almonds and Raisins
- Egg Salad
- Pesto Shrimp Salad

### Vegetarian Fillings

- Grilled Vegetables
- Raw Vegetables with Cream Cheese
- Tomato Bocconcini with Pesto Mayo and Fresh Basil

### Vegan & Celiac Options Available (Please Inquire)

Gluten Free Sandwiches – please add \$1.50,  
1.5 sandwiches per order.

All prices are based on per person amounts, not dependent on actual total guests.

## Sandwich Options...

### Basket of Wraps and Pita Pockets

\$ 7.50

### Focaccia Sandwiches

\$ 7.75

### Hand Rolled Giant Thai Salad Roll

Served with a Spicy Peanut Sauce

Vegetarian - \$ 6.25

Chicken - \$ 7.25

### Jumbo Croissant Sandwiches

\$ 7.50

### Gourmet Club

Triple-decker, with Turkey and Crispy Bacon

\$ 9.00

Any of the above sandwiches can be individually packaged and labeled for an additional \$2.00

Legend - **GF** Gluten Free **DF** Dairy Free **V** Vegan

## ... More Sandwich Options

### Grilled Panini Sandwich

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Black Forest Ham and Cheddar, Turkey and Pesto, Pastrami, Italian Salami, Grilled Veggies or Tuna

\$ 8.75

### Ornamental Open-Faced Sandwiches

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Three pieces per person

\$ 6.75

### Grilled Quesadillas

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These are for the hungry! Filled with homemade refried beans, roasted veggies, Monterey Jack and Cheddar cheese. Vegetarian, beef, or chicken options. Served with sour cream and salsa.

\$ 12.00

### Tea Sandwiches

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A lighter lunch. Three pieces per person

\$ 5.75

### Classic English Style Sandwiches – “High Tea”

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Crustless – Pinwheels, Triangles, and Ribbons. Three per portion

\$ 7.00

### “Make your own Sandwich” Platter

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Minimum of 10 people

\$ 9.00

## Gourmet Sandwiches

### Caprese Inspired

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Roasted Artichokes, Sun Dried Tomato Pesto and Fresh Spinach

\$ 9.00

### Teriyaki Grilled Chicken Breast

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Asian Slaw and Sesame Soy Aioli

\$ 9.00

### House Brined Roast Turkey Breast

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Smoked Gouda, Roasted Red Peppers and Smoked Bacon

\$ 9.00

### Italian Deli

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Featuring Genoa Salami, Prosciutto and Friuli Cheese. Olive Tapenade and Fresh Arugula

\$ 9.00

### Greek Style Lemon and Herb Grilled Chicken

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Crumbled Feta and Black Olives

\$ 9.00

### Slow Roasted Beef

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Thinly sliced and served with Caramelized Onions, Crumbled Blue Cheese and Horseradish Mayo

\$ 9.00

### Apple Brie

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Crisp Apple, Brie, Fig Compote and Fresh Arugula

\$ 9.00

Gourmet Sandwiches come on your choice of 8 inch Italian Baguette, Kaiser Rolls or Ciabatta Buns

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# Homemade Soups

## Add Soup to your Sandwich

Chef's Creations. Please inquire for choices and inspirations.

24 hr. notice, minimum 8 servings.

(Gluten Free soups available at request.)

\$ 4.75 - \$ 5.75

# Lunch Packages

## The Panini

Black Forest Ham and Cheddar, Turkey and Pesto, Pastrami, Italian Salami, Grilled Veggies or Tuna

\$ 17.00

## Italian Sub

Italian Salami, Provolone Cheese and pickled peppers on Baguette

\$ 17.00

## AMF Classic Sandwich

Please refer to our Classic Filling list

\$ 15.00

## Healthy Wrap

Along with our Classic Fillings, wraps are filled with an abundance of veggies, hummus, and "hold the mayo"

\$ 16.00

## All Vegetarian

\$ 14.00

Minimum of 10 people. Includes a side salad or veggies and dip, dessert square or giant cookie, choice of soft drink or water, plate, cutlery and napkin. Any of the above sandwiches can be individually packaged and labeled for an additional \$2.00

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### CONTACT INFO


#### ADDRESS


102 Garden Avenue  
North Vancouver, BC, V7P 3H2

PHONE - 604 990 6996

EMAIL - admin@amoveablefeastcafe.com

### SOCIAL MEDIA

 facebook.com/amoveablefeastcatering

 twitter.com/amfcatering

 instagram.com/chef\_mina

### HOURS OF OPERATION

Our hours of operation are based around your catering needs. Administrative hours are outlined below.

### ADMINISTRATIVE HOURS

Monday - Friday 8 am - 4 pm

Saturday - By appointment only

Sunday - Closed

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