



# Individual Tote Bags

Free Delivery on the North Shore for orders over \$25.00

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## Contiental Breakfast

\$13.50

Jumbo Muffin  
Fruit Salad Pot  
Fruit Juice

Includes cutlery and a napkin  
GF Pastry add \$1.00

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## Classic School Lunch Envy

\$ 19

### AMF Gourmet Sandwich Choices

Smoked Turkey, Black Forest Ham, Roast Beef,  
Pastrami, Devilled Egg, Tuna, Tarragon Chicken Salad,  
Fresh Veggies and Cream Cheese.

Mixed Green Salad, Balsamic Vinaigrette  
Giant Chocolate Chip Cookie and Apple, Bottled Water

Add GF Bread \$1.00

Add GF Treat \$1.00

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## Italian Deli Hero Sub

\$ 21

Italian Deli Meats, Mozzarella, Roasted Red Pepper,  
Pesto Mayo

Classic Caesar Salad, Brownie Square and Apple  
Bottled Water or Pop

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## Egg Scramble Wrap Breakfast

\$16.50

Jumbo Muffin  
Fruit Salad  
Fruit Juice

Includes cutlery and a napkin

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## Roll it Up Thai Style Vegetarian and Gluten Free

\$19

Vegetarian Thai Roll – Rice Noodles, Thai Slaw, Sliced  
Tofu and Julienne Veggies,  
Peanut Sauce or Sweet Chili Sauce

Mixed Green Salad, Raspberry Vinaigrette  
Gluten Free Cookie and Apple, Bottled Water

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## Super-Sized Chicken Burrito

\$22

Grilled Chili Rubbed Chicken, Sliced Red Cabbage,  
Brown Rice, Black Beans, Salsa, Shredded Cheddar  
and Cilantro Cream

Mixed Green Salad, Balsamic Vinaigrette

Lemon Square  
Bottled Water or Pop