



All Items can be purchased in a Half Sheet (serves 6-10) \$85.00 or Full Sheet (serves 12-18) \$165.00

## Pasta & Noodle Dishes

Individual and Family Style

### Baked Vegetarian Rotini

marinara sauce and garden vegetables  
fresh spinach and mozzarella cheese. Available in  
individual portions - Minimum 4 orders.

\$10.50 per order.

### Baked Cheese Tortellini

your choice of cream or marinara sauce  
Available in individual portions - Minimum 4 orders.

\$12.50 per order

### Homemade Lasagna

Beef or Vegetarian options

Beef Lasagna \$13.50

Vegetarian Lasagna \$13.50

### Creamy Seafood Pasta

Tarragon white sauce, tossed with white fish and a  
seafood medley. Fresh herbs, Dijon and lemon accent.  
Topped with Mozzarella cheese.

### Spanish Paella Pasta

Chorizo Sausage, Chicken, fresh green peas in a  
creamy Saffron and Oregano Sauce

### Chow Mein Stir Fry

DF

Chow Mein Noodles sautéed with garden veggies, bok  
choy, bean sprouts and fresh cilantro.  
Vegetarian option available.

### Baked Cannelloni

meat or spinach options, baked with your choice  
of cream or marinara sauce and topped with  
mozzarella cheese. Available in individual portions -  
Minimum 4 orders.

\$12.00 per order

### Baked Chicken Penne

tossed in a cheesy Dijon cream sauce,  
fresh spinach and sliced mushrooms.  
Available in individual portions - Minimum 4 orders

\$ 13.50 per order

### Spicy Penne

Italian sausage in a spicy Arrabiata sauce

### Vegetarian Creamy Curry Pasta

Green Peas and Cauliflower in a  
creamy curry sauce

### Zucchini Lasagna - No Carbs

GF

Zucchini strips layered with  
our marinara sauce and mozzarella cheese

### Stir Fry Rice

DF

Diced Chicken, Garden Veggies, bean sprouts and  
fresh cilantro. Vegetarian option available.

### Garlic Bread

\$ 2.00

Legend -

GF Gluten Free

DF Dairy Free

V Vegan

CONTACT INFO

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