



Individual Salad Bowls

Grilled Lemon Chicken

\$ 18.00

Grilled Chicken, Tabbouleh Salad, Chopped Romaine and Arugula, Garden Veggie, Crumbled Feta, Tahini Dressing

Grilled Salmon with Ponzu

\$19

Grilled and Marinated Salmon Filet, Wild Rice Salad, Mixed Greens, Pea Shoots, Edamame, Sesame Seeds, Crumbled Goat Cheese, Soy and Ginger Dressing

Shaved Roast Beef

\$19

Crispy Romaine, Garden Veggies, Lemon and Herb Couscous, Capers, Crumbled Blue Cheese and Ranch Dressing

Grilled BBQ Chicken

\$ 18.00

Grilled BBQ Chicken, Roasted Sweet Potato Hash, Spring Mix, Thinly Sliced Red Cabbage, Toasted Pumpkin Seeds, Grated Sharp Cheddar, Cilantro Vinaigrette

Roasted Spiced Chick Pea Hash

\$18

Chickpeas, Red Quinoa, Crumbled Feta, Cucumber, Peppers and Cherry Tomatoes on Chopped Kale, Cumin and Coriander Lime Yogurt

CONTACT INFO




ADDRESS

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SOCIAL MEDIA

 facebook.com/amoveablefeastcatering
 twitter.com/amfcatering
 instagram.com/chef_mina

HOURS OF OPERATION

Our hours of operation are based around your catering needs. Administrative hours are outlined below.

ADMINISTRATIVE HOURS

Monday - Friday 8 am - 4 pm
Saturday - By appointment only
Sunday - Closed

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